



**Under the direction of
Carol Baker-Fulco, MS, RD**



Performance Power

The

Nutrition Connection

POWER

PERFORMANCE

THE NUTRITION CONNECTION































The background of the image is a photograph of a green, grassy field. In the distance, there is a dark fence line and a line of trees under a slightly overcast sky. The text 'SPORTS' is positioned in the upper half of the image, and 'NUTRITION' is in the lower half, both rendered in a stylized, multi-colored font.

SPORTS NUTRITION